



November 2020

Safety Beach Sailing Club COVID-safe Return to Sailing Plan

This Return to Sailing Plan covers both Keelboat and Off the Beach (OTB) racing initially for the period 25th October to 31st December 2020 unless amended or withdrawn. The plan covers both tower and on water starts for keelboats and on water start for the OTB fleet with provision for launching/retrieval of boats and minimal use of the toilets and change rooms.

This update covers the introduction of QR codes for attendance tracking and OTB Sign-on/off.

Adherence to this Plan on designated race days is the responsibility of the Chair of the Sailing Committee and the respective Club Captains.

1. General and Around the Club

- 1.1 Any sailor or volunteer who is not feeling well should remain at home.
- 1.2 It is recommended that all participants sign up to the Covid-19 App.
- 1.3 Masks are to be worn at all times except for OTB sailors whilst afloat.
- 1.4 Groups of more than 10 people are not to gather in the yard or the club environs.
- 1.5 On OTB racing days on arrival all sailors, volunteers and support persons (parents, guardians, siblings and anyone else attending) must record their attendance using their smartphone against the appropriate QR code listed below or by reporting to the Duty Safety Officer nominated in the OTB program for the day to have them sign you in.

Rigging Area and Yard

Blue Text with Black QR code

Patrol Boats

Purple Text with Black QR code

Tower (in the Tower)

Black Text with Black QR code

- 1.6 The Duty Safety Officer will carry a handheld radio set to channel 69 at all times. They will also be responsible for filling out the OTB Racing Check List for the day, ensuring sufficient hand sanitiser and disinfectant is available and making sure any necessary actions are taken.
- 1.7 On keelboat racing days the Race Officer will be responsible for filling out the Race Admin Checklist for the day and making sure any necessary actions are taken.
- 1.8 Sailors and volunteers should bring their own food, drink, towels, and any other necessary equipment **including pens**. They should not rely on the Kiosk being open and should not borrow from or share with others.
- 1.9 The kiosk may be open subject to the government guidelines currently in place for take away food and coffee. This is a separate business operating under its own protocols and is in no way covered by the provisions of this document.

- 1.10 Strict social distancing of 1.5 m spacing to be adhered to on both keelboats and off the beach boats where the crew are not from the same household whilst rigging in the yard and sailing/racing.
- 1.11 The upstairs club lounge and bar area will not be open for general use by members until such time as state government regulations allow it to be used. Members will be advised when this happens and the conditions of access separately.
- 1.12 The downstairs toilets and sign-on/off area may be used on OTB racing days so long as social distancing is maintained.
- 1.13 The Tower will be manned for all club organised racing while any boats are on the water / from 1 hour prior to the first Warning Signal until last boat is off the water. The lights and course boards will be used as per normal for keelboat racing. The tower team will be kept to a bare minimum, adhere to the social distancing rules and record their presence via the Tower QR code. Hand Sanitizer will be available, and all equipment used is to be cleaned/sanitized at the start and end of the day's operations. The Tower team for OTB racing will consist of the Duty Officer and one other nominated assistant. For Keelboat racing it will consist of the Race Officer and one other.
- 1.14 The proposed keelboat and OTB racing schedules up until the end of December 2020 will be posted on the club website and distributed via the club e-newsletter. Any alterations to the schedules will also be posted on the club website and circulated in the e-newsletter. Duty Officers, Safety Officers, Race Officers, and other volunteers will be published in the weekly e-newsletter.
- 1.15 Launching and retrieval of the club safety boats is to be done as far as possible observing the current social distancing requirements. Crews on the ribs are to be limited to 2 people capable of doing the job. The start boat is limited to 3 people maximum, preferably 2 people. Only in a rescue situation may a safety boat carry more than the designated number of crew and only then for the least time necessary. Extras will be returned their boat or to shore before course laying duties are resumed. Safety boats are to be disinfected both before and after use. Hand sanitiser will be available on all safety boats. A QR code as described in 1.5 above will be available in the boat dock.

2. Keelboat Racing

- 2.1 For keelboat races all details of the race date, start time, race type and or starting times for individual yachts will be emailed to all skippers in the days prior to the race. Cancellation of a race due to poor weather i.e. Gale warning etc will be advised as per the Sailing Instructions.
- 2.2 All nominated keelboat races that don't have an all-in start using the clubs light-based start sequence will use GPS time for all individual yachts starting times.
- 2.3 For racing if keelboats have **not** been used for more than 24 hours prior to racing, disinfecting is not required. Where a keelboat has been used within the last 24 hours it should be disinfected. Off the Beach boats being sailed by their owners will not require disinfecting. A boat that is being borrowed or lent previously should be disinfected.

- 2.4 Keelboat owners **must** have hand sanitiser available for use prior to boarding and on departure for all crew. For OTB racing the Club will have hand sanitiser and disinfectant available for use before and after sailing on a table located near the do the changing rooms and toilets. Sheets/halyards, spars, sails, winch handles, beach trolleys, washdown hoses and any other commonly used equipment should be disinfected both before and after use.
- 2.5 For keelboat racing contact details, including mobile phone number, of Skipper and Crew to be sent to the club at keelboat@sbsc.net.au prior to or at the end of each race. A record of this information will be maintained until no longer required. Fill out the form using the **Keelboat Sign-On link** at the end of this document. If a boat's crew form has **not** been received within 24 hours of the first scheduled **Warning Signal** of the day the boat concerned will be disqualified from **all** races for the day without a hearing. See Change to Sailing Instructions – Keelboat **2020 – 2021 number 1** for the new 20.4(e) provisions.
- 2.6 The recommended guide for crew numbers is as per the table below allowing for a 1.5m spacing between crew members being able to be maintained 90% of the time. Races will be based on a minimal crew and the ability for skipper and crew to sail/race safely with those numbers. It is the responsibility of the Skipper/Owner to ensure these conditions are met remembering the numbers below refer to the entire crew which includes the Skipper/Owner.

Boat Length	Maximum No. of Crew
7.5m to 9m	3
9m to 12m	4
12m to 15m	5
15m to 18m	6

3. OTB Racing

- 3.1 OTB sailors are expected to arrive dressed in such a manner that they do not need to use the change rooms prior to going sailing. This may mean arriving in their wetsuit or at least in shorts and a t-shirt that can be worn under their wetsuit with warm clothes over the top that can be swapped for their wetsuit without using the change rooms.
- 3.2 Where a boat requires a crew of 2 or more people the crew **must** be made up of people living in the same household.
- 3.3 Upon returning ashore the changing rooms may be used to change from wet sailing gear into dry clothes. If necessary and **only if necessary**, with the approval of the Duty team as per 3.4 below, quick 3-minute showers may be taken by sailors to warm up prior to changing into dry cloths in order to avoid hypothermia. Numbers in the change rooms at any one time will be strictly limited to 4 people for up to 10 minutes each plus 1 person using a toilet under the direction of the Rear Commodore and OTB Club Captain or their nominated representative.

- 3.4 The persons responsible for the access to the change rooms after sailing for each sailing day will be posted on the noticeboard adjacent to the sign-on/off area and included in the weekly e-newsletter. The Duty Safety Officer will have responsible for this along with the Rear Commodore and OTB Club Captain.
- 3.5 For OTB racing the sign-on/off must also be done as per normal to show the boat has actually gone on the water. This will be done via the QR codes located above the bench in the hall outside the Men's changing rooms. There will be a QR code with **Green text** for **Sign-on** and one with **Red text** for **Sign-off**. The Duty Safety Officer will assist if necessary.
- 3.6 Where assistance is required getting OTB boats across the beach to launch or retrieve them after racing social distance requirements are to be observed at all time as far as possible. The first people to assist with the launching or retrieval of a boat should be members of the same household.

4. Summary

- 4.1 This Covid-19 Return to Sailing Plan must be adhered to by all members. Keelboat owners/skippers are responsible for ensuring their crew fully understand what is required of them. OTB sailors are responsible for their own observance of the Plan and also ensuring any non-sailing parent or guardian fully understands the Plan and observes it.
- 4.2 For further information or if you have any queries about any of the above please contact one of the following:
 - Malcolm Winder 0408 591 212 or keelboat@sbsc.net.au
 - Ross Martin 0467 000 442 or rcommodore@sbsc.net.au
 - Peter Chipperfield 0402 231 782 or rcommodore@sbsc.net.au
- 4.3 If you observe any behaviour not consistent with this Plan or think of anything that could be included contact one of the above.
- 4.4 Responsibilities

• Supplies of Hand Sanitiser and Disinfectant	Rear Commodore
• Forms	Duty Safety Officer
• Safety Boats	On Water Race Officer
• Tower	RO or DO
• Yard for OTB	Duty Safety Officer
• Change Rooms for OTB	Nominated Persons
• OTB On Shore Emergency	Duty Safety Officer

Keelboat Sign-On Link

<https://sbsc.net.au/index.php/on-water/keelboats/covid-19-crew-declaration>