

SAFETY BEACH SAILING CLUB



Keelboat & Trailable E-News 6th August 2019

Breaking News

We are very pleased to advise that Mal Winder (*Rells*) has volunteered to take on the role of Keelboat Captain.

Mal has already been busy in this role with the first KB subcommittee meeting held last Sunday.

Sure, you will hear from Mal in the not too distant future.

News from the Tower

This week's Race – Sunday 11th August 2019

Brass Monkey Winter Series – Race 6

Warning Signal at 9:55H

Start Sheet is available [HERE](#)

On Tower Duty:

R.O. is Andrew Stocks and the *Windsong* Crew with assistance from Des.

SPRING SERIES 2019

Make sure you get your crew lined up for the 2019 Spring Series



This is a great opportunity to hone your skills in preparation for the Summer Season ahead with some fast and furious Windward – Return Racing.

Race 1 Sunday 8th September

First Warning Signal at 9:55H

We will be requiring volunteers to assist on the start and course laying boats for this series.

Please don't be shy as we need your help. If you can assist, please email us at keelboat@sbsc.net.au

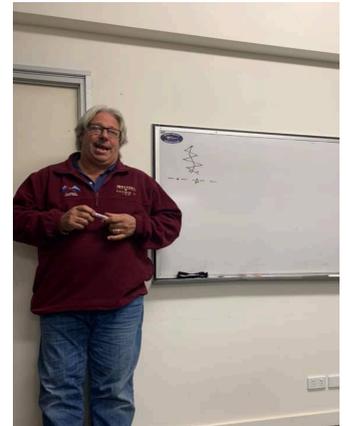


Women's Sailing Training @ SBSC

(Report by Sue Turnbull – SBSC Women's Sailing Rep.)

Our Sailor Gals have been getting together at the Club on a fortnightly basis for Theory Training. Wednesday night sessions have seen us cover everything from the Rules of Racing, rough weather sailing, knot tying, kite packing and everything else in between.

These informative, fun evenings have been well received by the ladies and we are seeing new members join all the time. Thanks to Andrew Clark for running this course and passing on his valuable knowledge and skills - greatly appreciated by all.



We will now be taking a break while some of us head North for warmer weather sailing and will recommence in September. The Wednesday sessions will then become practical on-water training, so we can put our theory into practice. The training sessions are free of charge for SBSC members - everyone welcome - details of next training will be posted in E-News.



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Women's Sailing Training @ SBSC Cont'd

On another good note I am pleased to announce that a recent grant application has been approved to the tune of \$5,000 !

The "Change our Game" Community Activation Grant gives us the opportunity to celebrate and showcase the role of Women and Girls in sport and active recreation. The grant is designed to increase female participation and/or leadership roles in Sport and deliver events that promote gender equality.

The funds will be used to run a Women & Girls Discover Sailing Day on Saturday 16th November where we will be offering females, of all ages, the opportunity to come and Try Sailing - Off the Beach or Keelboat - BBQ Lunch - guest speakers along with a Representative from the Minister of Tourism and Sport.

Further details will be posted closer to the day and we look forward to your support.

Safety Beach Sailing Club with a view to.....

Promoting Women and Girls on water!

NAUTICAL TERMS EXPLAINED

#2 Beam Sea

A situation in which waves strike a boat from the side, causing it to roll unpleasantly. This is one of the four directions from which wave action tends to produce extreme physical discomfort.

The other three are 'bow sea' (waves striking from the front), 'following sea' (waves striking from the rear), and 'quarter sea' (waves striking from any other direction).

ORCV News

ORCV Winter Series Race 3:

You can check out the results at [ORCV Results](#)

Season Opener - 2019 ORCV Melbourne to Stanley Race

We would like to invite members of Safety Beach SC to enter our ORCV 2019 Season Opening Ocean Race, the 2019 ORCV 'Melbourne to Stanley'. An established ORCV Ocean Race held over the Melbourne Cup long weekend, it is also a qualifier for those sailing in the ORCV 'Melbourne to Hobart' and Rolex 'Sydney to Hobart' Ocean Races.

The 152-mile 'Melbourne to Stanley' Ocean Race is a "Category 2" event starting from Queenscliff at 00:05 hours on Saturday 2nd November 2019.

The ORCV 'Melbourne to Stanley' race is part of the 2019-2020 ORCV Offshore Championship and is open to yachts racing with either, full crew, "4+ auto helm" or Double Handed. The following racing Divisions and Handicap Categories are open for entry:

- Unrestricted Monohull (IRC, AMS & PHS)
- Double Handed (IRC, AMS & PHS)
- Multihull Racing (PHS)

To receive a discounted 'Early Bird Race Entry Fee' a completed application must be submitted by 9.00 am Tuesday 1st October 2019 and please note, you can enter today and pay later (by 9am on the 1st of October). Deadline for race entries is 9.00 am Tuesday 15th October 2019.

- Early Bird Race Entry:
ORCV Member \$357.00 Non-Member \$420.00
- Normal Race Entry:
ORCV Member \$442.00 Non-Member \$520.00
- Additional Handicap Categories:
\$30 per category
- Double Handed Division: \$30

SAFETY BEACH SAILING CLUB



ORCV News Cont'd

The passage across Bass Strait finishes in the beautiful Tasmanian north coast township of Stanley which is dominated by a huge basalt headland locally known as "The Nut". It is a lovely town with a strong sense of history and provides a warm welcome to all those who take the short walk into town. A chairlift ride or a steep climb up the top of "The Nut" provides fantastic views over the Harbour.

We have planned an early start for this year's race and expect the majority of the fleet will arrive in good time for the traditional arrival hosted by Stanley Lions Club.

For [Online Entry click here](#)

For [Race documents click here](#)

Delivered over 2 days, consisting of theory and practical work, participants will learn strategies for emergency prevention and familiarisation with the equipment to stay safe with both theory, pool practical and flare drills.

Your SSSC lasts for 5 years. The ORCV offers a 1-day revalidation to keep up to date with latest techniques, combining this practical drill.

Reserve your place now

<https://www.orcv.org.au/training/safety-sea-survival-course-sssc>

ORCV Safety at Sea and Survival Course

Safety and Sea Survival Course*

- Pool Practical
- Emergency Communications
- Life Saving Techniques
- Incidents
- Flares Drill plus more

"My chances of surviving have increased significantly" Tony

ORCV OCEAN TRAINING Learn from the experienced

www.orcv.org.au
*Australian Sailing Accredited Course

The ORCV Safety at Sea Survival Course will run only 2 more times before Christmas with limited spaces left on the September course. This course is a must for anyone who is considering cruising, sailing on the bay or being part of an ocean race.

The ORCV requires 50% of crew and strongly recommend that all crew undertake this course not only to meet the safety requirements but to demonstrate an acceptance of personal and team responsibility on board an ocean-going boat.

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