



SAFETY BEACH SAILING CLUB



KEELBOATS & TRAILABLES NEWSLETTER

Keelboat Captain's message

I thought I'd take a little time to introduce myself as the Keelboat Captain for season 2018/2019. I have been a member of SBSC for around 15 years now having sailed OTB catamarans for most of that time.

I remember my first race way back then when I found myself in a little trouble and had to be rescued. It turned out it was the Commodore who jumped in after me and I thought to myself if the boss goes to those lengths to welcome a new member, then this is the club for me.

Our focus this year will be on information primarily through the newsletter and also member information nights

Rod Smallman

from the Rear Commodore

As Opening Day gets closer, the Commodore, Vice Commodore, Secretary and Social Committee will be sending out further information of the day but I just want to draw to your attention that there will be a briefing for OTB Sailors by Glenn Lazzar at the Clubhouse at 9am and a Radio briefing by myself to Keelboats Sailors at 9:30. The on-water activities start with a parade past the Clubhouse at 10am which has been an excellent suggestion from the Social Committee. The Keelboats will leave the Martha Cove channel at 10am led by the Commodore and we would like to see all Keelboats whether Racing or not to parade on the day. When the Commodore exits the Martha Cove channel and heads towards the Yellow Mark, the OTB guys will leave the beach at the Clubhouse and sail towards the Yellow Mark. The OTB Sailors will keep to Port of the Yellow Mark and the Keelboat Sailors will keep to starboard of the Yellow Mark. Again, more information to follow.

Gareth Davies

last week's race results

Sunday 30th Sept 2018.

Spring Series.

Race 4. (Final Series Race).

Congratulations to the winners of the 2018 Spring On Water Series.

Series Results.

| PHD | AMS |
|---------------------------|--------------------------|
| 1 st 2Xtreme | 1 st 2Xtreme |
| 2 nd Fransiska | 2 nd Rogue |
| 3 rd Rogue | 3 rd Maverick |

Thanks to the R.O. Geoff Eldridge and his support crew for managing this on water event. They were ably supported by the tower team of Roy and Des.

The Spring Series ended a great Autumn, Winter and Spring Series, with many serious sailors braving the cold, wet and wintry time of the year.

We look forward to the summer sailing in the warmer weather.

OCTOBER 2nd, 2018

Contents

Keelboat Captain's message.....1
 from the Rear Commodore.....1
 last week's race results.....1
 next week's race2
 from the tower2



Meet Leo2

Speed & Smarts3

Members night ~ Cat 5-Cat 2 ...3

Meet the CSP3

Do you need Crew?4

R1 is back.....4

Take the rules challenge.....5

Safety Beach Womens Sailing Group

Meeting 9th October @ 6.30pm

Keelboat – Skippers & crew meeting

Saturday 21st October @ 10.00am

Member night

Thursday 18th October @ 7.30pm
 Topic – getting from Cat5 to Cat2
 The club will be open for dinner & bar from 5.00pm

Contributions – send your ideas for tips & tricks, great sailing adventures, etc to keelboat@sbsc.net.au

Editor

Rod Smallman



SAFETY BEACH

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next week's race

The first race will be on Friday 12th October 2018.

Sport Phillip Marine Friday Twilight Pursuit Series 1.

Race 1.

First warning is at 17.25Hrs.

On Tower Duty:

R.O. is Judy Champion and duty boat is Norma Jean plus a minimum of 3 crew.

from the tower

Tower officers need to be in the tower at 16.15Hrs, 1Hr15Mins before the race start at 17.30Hrs.

Start Sheet for Race 1 is attached.

Race Officer and Race Information are contained in the manual at the computer in the Tower.

Please read carefully.

NOTICE:

The Summer Series Keel Boat Program and Roster included with this news page is the revised program, final edition. **(Please read carefully)**.

Cat 5 Safety Declarations and Current Insurance Certificates.

These must be submitted before the end of October. Yachts that have not complied cannot race until they are compliant.

Send to: keelboat@sbsc.net.au

NOTICE FOR ALL THOSE WHO HAVEN'T BEEN SAILING DURING THE WINTER.

Included with this Keel Boats News Page is the current SBSC Sailing Instructions for 2018/2019.

Please read carefully as there are numerous changes.

Revised Keel Boat Courses.

Included with this news page are the revised 2018/2019 Keel Boat Courses, to be used for the Summer Season.

These replace all existing courses.

Don't forget Opening Day on Sunday 14th November.

The Commodores Cup starts at 11.00Hrs. Full details will be published in the ENews. Come and have a great day.



Meet Leo

This is Leo, Safety Beach's Man Overboard Dummy and he was donated to the Safety Beach Coastguard by the Lions Club, hence the name Leo. And thanks to the generosity of our coastguard neighbours, he is now available to SBSC members for MOB training. He comes with his own wheelbarrow for your transporting convenience

6.01.2 (blue book)

Routine Training on Board

It is recommended that crews should practise safety routines at reasonable intervals including the drill for man overboard recovery.



Check out [this link](#) for more details on Man Overboard training. SBSC Keelboats recommends that a MOB training drill is performed at least once per season. If you're the unfortunate one who falls overboard, I'm tipping the first thing you'll think of is that you're really glad that you took the time to train for it.



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To make a date with Leo contact;

Flotilla Commander, Mark Brookes.

His number is 0418310473 email:

mbrookes@bigond.com

Speed & Smarts

This season we will have contributions by David Dellenbaugh, author of Speed & Smarts. David is a veteran of 4 America's Cup campaigns and was the tactical coach for the 2016 US Olympic sailing team. His understanding of tactics & strategy is world class.

The following are extracts from his hugely successful Speed & Smarts newsletter. Be sure to check out David's website where his insights will surely give you that winning edge.

<http://www.speedandsmarts.com/>

Example

Q. After Boat A tacks inside the zone, she will break a rule if Boat B has to sail above closehauled to avoid contact.

True False

The answer is **False**. The new rule 18.3 (Tacking in the Zone) applies only when Boat B has been on starboard tack since she entered the zone. In this case B tacked inside the zone, so rule 18.3 does not apply between A and B.

On a Windward Leg

1. F 2. F 3. F 4. T 5. F 6. F 7. F 8.
 T 9. T 10. T 11. F 12. T 13. F 14. F
 15. T 16. F 17. T 18. T 19. T 20. F
 21. T 22. F • A-1. Starboard A-2. F
 A-3. T A-4. T A-5. F B-1. R B-2. R
 B-3. F C-1. T C-2. F C-3. F C-4. T
 D-1. T D-2. F D-3. F D-4. T

Members night ~ Cat 5-Cat 2

The blue book defines Category 2 racing as: *Offshore races of extended duration along or not far removed from shorelines or in large unprotected bays or lakes, where a high degree of self-sufficiency is required of the yachts.*

But what if I just want to do a bit of coastal cruising and I'm not really sure how to setup my boat. Well perhaps I could have a good look at the requirements of race boats doing similar passages and I'd get a pretty good idea of what is required to go cruising. So, whether you're wanting to compete in your first ocean race or want to do some extended ocean cruising then you'll want to be coming along to the first members night for the 2018/2019 season being Cat5-Cat2. Special guests National Auditor boss Marissa Chaukley as well as Justin Brennan from the ORCV to answer any questions that you might have.

Meet the CSP (Course Selection Panel)

This year we have 3 of the best sailors going around, between them they have 3 world titles.

Mark Bulka Balance
 Andrew Clark 2Xtreme
 Jason Close Patriot

Unlike my method of sticking the licked finger into the air, proper course selection is a bit of a science with a number of weather sites consulted in conjunction with years and years of local knowledge in order to select the best course for the day.

The panel will liaise together and will contact the Race Officer with their recommendation on race day. Of course, as RO the course decision is still ultimately yours.



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With Mark Bulka travelling to France next year to defend his Contender world title we will be looking for volunteers to bolster the CSP so if you'd like to learn from the best then throw your hat in and let me know at keelboat@sbsc.net.au

Do you need Crew?

The website list is up to date and everyone on the register is super keen to get out sailing this season.

<http://sbsc.net.au/crew-register/>

R1 is back



Glenn Lazzar on R1 ~ " Same Same, but shiny and new with a solar light on top, still about 1meter high conical, yellow with R1 on the side"

Thanks Glenn for pinging the mark on Sunday



Pic of the Week – thanks Tanina
(send your pics to keelboat@sbsc.net.au)



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Take the rules challenge

The Windward Leg

How well do you know your rules? The following is from the Speed & Smarts newsletter focusing on the windward leg. If you want more, check out David's learn the rules DVD. (answers page 3)

<http://www.speedandsmarts.com/RulesDVD/LearnTheRacingRules>

- 1** When a boat on port tack is bearing off to pass behind a starboard tacker, S may not bear off toward P. T F
- 2** When a port-tack boat is trying to cross in front of a starboard tacker, S is not permitted to change course if, as a result, P would have to change course immediately to keep clear. T F
- 3** When a port-tack boat tacks close in front of a starboard-tack boat, the onus is on P to prove she did not tack too close. T F
- 4** If a leeward boat can sail her straight-ahead course with no need to take action to avoid contact, the windward boat may not be keeping clear. T F
- 5** After a boat passes head to wind in the middle of a tack, she is not considered to be on a tack until she reaches her new closehauled course. T F
- 6** When two boats are tacking at the same time, the one that passed head to wind first has right of way. T F
- 7** Whenever the right of way changes from one boat to another, the new right-of-way boat must initially give the other boat room to keep clear. T F
- 8** The terms clear ahead and clear astern, or overlap, always apply to boats that are sailing on the same tack. T F
- 9** If you're racing upwind and you see a cruising boat in danger, you are required to give them all possible help. T F
- 10** If a boat hails for room to tack at an obstruction and the hailed boat thinks the hail was made too early, the hailed boat still must respond. T F
- 11** When a boat hails for room to tack at an obstruction, the hailed boat must tack as soon as possible. T F
- 12** You can't hail for room to tack at an obstruction unless you must make a substantial change of course to clear it. T F
- 13** When a boat hails for room to tack, the hailed boat does not have to respond if there is no obstruction in sight. T F
- 14** If a right-of-way boat alters course due to a windshift, she does not have to give the other boat room to keep clear. T F
- 15** If two overlapped boats on port tack both bear off to pass behind a starboard tacker, PL must give PW room to pass between her (PL) and S. T F
- 16** You are allowed to wear clothing to increase your weight as long as the total weight of your clothing and equipment is not more than 8 kilograms. T F
- 17** On a beat to windward you are not allowed to pump a sail to initiate planing or surfing. T F
- 18** Roll tacking is permitted only if, just after the tack is completed, the boat's speed is no greater than it would have been without tacking. T F
- 19** If a mainsail batten is inverted after a light-air tack, you may pump the sail until the batten is no longer inverted. T F
- 20** While racing it's legal to move unused sails to the windward side of the boat. T F
- 21** On a boat with lifelines, crew members are allowed to hike with their torsos outside the upper lifeline as long as their waists are inside the lower lifeline. T F
- 22** A boat racing is never allowed to interfere with boats that are on a different leg. T F